

Southborough Open Space Preservation Commission

Winter Sow Workshop 2022 Seeds

IMAGE	SCIENTIFIC NAME/ COMMON NAME	PLANT TYPE	NECTAR OR POLLEN	SUN	SOIL	BLOOM TIME						BUMBLEBEES		
						Early		Mi		Late		B. fervidu	B. vagans	
						M	A	M	J	J	A	S	O	
	* <i>Chelone glabra</i> White Turtlehead	Herb. Perenn	Nectar	Full- Part	Med, Wet									✓
						2-4 ft tall, 18-36" spread, special value to native bees								
	* <i>Cirsium pumilum</i> Pasture Thistle	Herb. Perenn	Nectar	Full	Dry, Med									
						1-3 ft tall, special value to native bees, attracts butterflies, birds enjoy the seed over the winter. Caution as it is sharp								
	<i>Desmodium canadense</i> Showy tick trefoil	Herb. Perenn	Nectar	Full- Part	Dry, Med									✓
						2-4 ft tall, 12-24" spread, special value to bumble bees, attracts butterflies and hummingbirds, host for eastern tailed blue, silver-spotted skipper and hoary edge caterpillars. Seeds will stick to clothing, plant away from paths or consider deadheading								
	* <i>Eragrostis spectabilis</i> Purple Lovegrass	Grass		Full	Med, Dry									
						1-2 ft tall, 1-2 ft spread,								
	* <i>Eupatorium perfoliatum</i> Boneset Thoroughwort	Herb. Perenn	Nectar	Full- Part	Med, Wet									
						4-6 ft tall, 3-4 ft spread, special value to native bees								
	<i>Eutrochium maculatum</i> Spotted Joe-Pye weed	Herb. Perenn	Nectar	Full- Part	Med, Wet									✓
						5 ft tall, 36-48" spread, excellent nectar source, attracts native bees, butterflies, and birds								

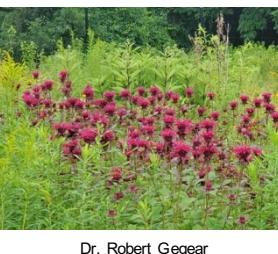
Kerry Woods, Creative Commons

Jenny Peet

Jim Brighton

Steve Law, Creative Commons

Joyce Greenleaf

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						Early		Mi		Late		B. fervidu	B. vagans		
						M	A	M	J	J	A	S	O		
	<i>Monarda didyma</i> Scarlet bee balm	Herb. Perenn	Nectar	Full- Part	Med, Wet									✓	✓
2-4 ft tall, 24-36" spread, attracts hummingbirds and butterflies, special value to bumble bees and other native bees															
	<i>Monarda fistulosa</i> Wild bergamot	Herb. Perenn	Nectar	Full- Part	Dry, Med, Wet									✓	✓
4 ft tall, 12-18" spread, attracts hummingbirds and butterflies, special value to bumble bees and other native bees															
	<i>Monarda fistulosa</i> RUBA (Purple) Wild bergamot	Herb. Perenn	Nectar	Full- Part	Dry, Med, Wet									✓	✓
4 ft tall, 12-18" spread, attracts hummingbirds and butterflies, special value to bumble bees and other native bees															
	<i>Penstemon digitalis</i> Foxglove beardtongue	Herb. Perenn	Nectar	Full- Part	Dry, Med, Wet									✓	✓
3-5 ft tall, 12-18" spread, special value to bumble bees and other native bees, attracts hummingbirds. Lovely white flowers and stunning fall foliage															
	<i>Penstemon hirsutus</i> Northeastern beardtongue	Herb. Perenn	Nectar	Full- Shade	Dry, Med, Wet									✓	✓
1.5 ft tall, 10-12" spread, special value to bumble bees and other native bees, attracts hummingbirds, host for Baltimore checkerspot caterpillars															
	<i>Physostegia virginiana</i> Obedient plant	Herb. Perenn	Nectar	Full- Part	Med, Wet									✓	✓
4 ft tall, 12-18" spread, good nectar source, attracts butterflies and hummingbirds															

Dawn Vesey

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						M	A	M	J	J	A	S	O		
	* <i>Spiraea alba</i> White Meadowsweet	Shrub	Pollen	Full- Part	Med, Wet									✓	✓
						3-6 ft tall, 24" spread, special value to native bees, attracts butterflies, host for Spring Azure butterfly									
	<i>Spiraea tomentosa</i> Steeplebush	Shrub	Pollen	Full- Part	Wet									✓	✓
						2-3 ft tall, 24" spread, special value to native bees, attracts butterflies and birds, host for New England buck moth caterpillars									
	* <i>Sympphyotrichum lateriflorum</i> Calico Aster	Herb. Perenn	Nectar	Full- Part	Med, Wet, Dry										
						1-3 ft tall, 18-36" spread, special value to native bees, attracts butterflies, has a shorter nectar tube than other asters									
	<i>Zizia aurea</i> Golden alexander	Herb. Perenn	Nectar and Pollen	Full- Part	Med										
						1-3 ft tall, 12-24" spread, special value to native bees, attracts butterflies, host for black swallowtail caterpillars									

*New for 2022

Special Thanks To:

Freddie Gillespie for her continued dedication to education and protection of our environment

Dr. Robert Gegear for his continued research and accessibility to the Southborouough community

The many volunteers from the Native Plant Gardens of Southborough facebook group

Additional Resources:

Gegear's complete plant list: <https://gegearlab.weebly.com/plantlist.html>

Native Plant Trust (formerly Garden in the Woods) database: <https://gobotany.nativeplanttrust.org>

Graciously designed by Emily van Nort of Lady Fern Farm - www.ladyfernfarm.com