



**Town of Southborough  
Board of Health  
9 Cordaville Road, Lower Level  
Southborough, MA 01772-1662**

Phone: (508) 481-3013

**Minutes of the Southborough Board of Health**

**Meeting Minutes**

December 13, 2022 – Board of Health – Hybrid Meeting – McAuliffe Meeting Room (Town House - 17 Common Street) & Virtual – 11:00 AM

**Present:**

Board Members Chelsea Malinowski, Dr. Safdar Medina, Nancy Sacco; Public Health Director, Dr. Heather Alker; Public Health Nurse, Taylor West; Business Administrator, Barbara Spiri

**Opening:**

The meeting of the Board of Health was called to order at 11:04 AM by Ms. Malinowski.

**Topic: Approval of Minutes from the 11/15/22 Meeting**

**Discussion:** Ms. Malinowski made a motion to accept the minutes from the 11/15/22 meeting. Ms. Sacco seconded the motion. All in favor, 3-0.

**Topic: Opiod Settlement Money**

**Discussion:** Ms. Malinowski informed the other Board members the money will carry over into the next fiscal year. Everyone is waiting for guidance from the State as to how the money should be spent. The Health Department is working with Youth and Family Services to set up programs.

**Topic: Community Compact Best Practices Grant**

**Discussion:** Ms. Malinowski put together a preliminary scope that Collins Center put into their format for regionalization which she shared with the Board. Northborough and Boylston are interested in participating in the grant. Westborough needs to get back to us. Discussion about who should be interviewed – Health Department staff, at least one Board of Health member, Town Administrator, etc. Ms. Malinowski would like to suggest the Collins Center read Dr. Fazen's report and let them use the DPH survey. Dr. Alker stated the results from the DPH survey should be available mid/late February.

The Board discussed reaching out to groups that need assistance (ex. low socio-economic levels, non-English speaking, etc.). For septic - they are looking at how to best utilize the staff involved. Ms. West asked pools, body art and camps be added. Ms. Malinowski will send the information to the Collins Center.

**Topic: ARPA Money for Per Diems**



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**Discussion:** The department no longer needs the money for per diems.

**Action:** **Ms. Malinowski made a motion for the Board of Health to remove funding required for per diems from the request list. Ms. Sacco seconded the motion. All in favor, 3-0.**

**Topic:** **Encompass Substance Abuse Prevention Coalition**

**Discussion:** Dr. Alker told the Board she's looking into the requirements and it seems compatible with what we are doing. The group is working with consultants to appeal to more sectors. Data will be sent to Isabella Caruso (epidemiologist) to review it. It is a multi-year grant.

**Topic:** **Tobacco Coalition**

**Discussion:** The grant for the coalition ends June 2023. Framingham no longer wants to be the host and would like another town to take over. The group is looking to hire a fiscal agent and contractor to go through the month of June. The next grant will be in effect for the next three years.

**Topic:** **Spending Limits for Revolving Funds**

**Discussion:** The Board discussed the three revolving accounts associated with the department. The immunization account is at \$12,000 but needs to be increased to \$15,000 to cover the increase of the price of vaccinations and supplies are increasing. Inspectional services are \$100,000 and tobacco is \$4,000 which are sufficient for those areas.

**Action:** **Ms. Malinowski moved to increase Immunization Emergency Dispensing Clinic account to \$15,000, maintain the Inspectional Services at \$100,000, and Tobacco at \$4,000. Ms. Sacco seconded the motion. All in favor, 3-0.**

**Topic:** **Nurse Report - Approve Public Service Announcement for Respiratory Illnesses**

**Discussion:** Ms. West told the Board Ms. Caruso has put together a PSA about respiratory illness, flu and RSV (Respiratory syncytial virus) for residents. Ms. West asked for the Board's approval to put the PSA on letterhead.

**Action:** **Ms. Malinowski moved to approve PSA for the residents of Southborough. Ms. Sacco seconded the motion. All in favor, 3-0.**

**Topic:** **Meeting Schedule**  
**Tuesday, January 17, 2023 – Hybrid – 9:30 am**

Ms. Malinowski made a motion to adjourn the meeting at 11:31 am. Ms. Sacco seconded the motion. 3-0 vote.



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Respectively submitted by Barbara Spiri, Business Administrator and edited by Chelsea Malinowski.

Documents:

Preliminary Scope for the Town of Southborough for a Public Health Regionalization Assessment