

**SOUTHBOROUGH COUNCIL ON AGING**

**MINUTES OF SEPTEMBER 16, 2022**

Attendance: Doug Peck, Chairperson; Bill Harrington, Co-Chairperson; Marie Murphy, Secretary; Sandy Kiess, Carol Yozzo, Mike Backer, Brent Trottier, Gerald Capra, Sue Acampora, Pam LeFrancois, Dir. SSC  
Absent: Mary Ann Anderson, Joyce Macknauskas, Jeff Schiebe

The meeting was called to order at 8:36 am.

A motion was made by Bill and seconded by Sandy to approve the minutes of July 6<sup>th</sup>. The vote was unanimous to approve.

**REPORT ON UPCOMING FALL PROGRAMS:**

Some future events - Veterans' luncheon, Senior Songsters, Health Fair 11/14, Tune Times (Band from Holliston); Tech Assistance, Astronomer 11/30; Movies, Holiday Party, Tina Bemis, Bus Trip – Newport Playhouse; Museum of Science, Old Mill, Luncheon put on by Sue Acampora and Pam McDonald, Pizza Day – put on by Bena Phillip, Southwick Zoo. See newsletter for further information.

Pam asked for help with updating the Center's website. Mr. Falconi will be invited to the holiday party. Discussion regarding doing something for the caregivers (possibly house cleaning, laundry). A/V is working. Movies are going OK. Talk to AdTech regarding a laptop? Police/Fire liaison doing great. Balance class is full. Might consider doing CrossFit again. Pam would like two council members to sit with her to go over numbers for the budget. Gerry, Doug and Brent volunteered. There was a discussion regarding having people pay for their exercise class in a block at the beginning of the session. Might consider holding another class for those classes with waiting lists.

CONSTRUCTION PLANS - Bill talked about the renovations – bids are out now, posted a week ago. Then will go to the Selectboard for a decision. Subcontractors can start in 10 days once notified.

BUDGET FOR NEW ROOM - There was a discussion regarding furniture. More to come.

STRATEGY SESSION REPORT - Doug spoke on the recent strategy session for the Center. Need visions of what the Senior Center will become in the next year vs what the Center has been doing. Doug would like input as to what should be included in the Center's Mission. Please send this to Doug via email. He would like to continue with strategy sessions possibly in the evening by Zoom.

OPEN ENROLLMENT REPORT - The Shine counsellor is very busy with open enrollment. A separate phone line has been set up. Meetings are taking place in person. This is a volunteer position.

COMPOSITION OF THE BOARD – Might need an evening meeting to get new member(s) on board.

A motion was made by Carol and seconded by Sandy to elect Bill to head the **Community Center Evaluation Committee**. The vote was unanimous to approve. Pam will compose a letter.

TRAILBLAZERS REPORT -Curling Club in Wayland, hikes.

WALKING CHALLENGE REPORT – Sandy said 29 people are enrolled. Working with Peg regarding holding luncheon in early November.

DULL MEN'S CLUB REPORT – going well. Meeting after this Board meeting.

BOOK CLUB REPORT– Doug is starting this today at 1:00 pm. Fifteen people have signed up.

FRIENDS REPORT – Continuing to help fund events at the Center.

LEGISLATIVE REPORT – Big nursing home reforms.

The next meeting will be held on November 14<sup>th</sup> at 8:30 am.

A motion was made by Bill and seconded by Brent to adjourn the meeting at 10:00 am. The vote was unanimous in favor.

Respectfully submitted,  
Marie Murphy, Secretary