



**Town of Southborough
Board of Health**
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Minutes of the Southborough Board of Health

Meeting Minutes

August 15, 2023 – Board of Health – Zoom Meeting – 9:30 am

Present:

Board Members Chelsea Malinowski, Dr. Liz Zulick; Public Health Director, Dr. Heather Alker; Sanitary Inspector, Dennis Costello; Business Administrator, Barbara Spiri

Also in Attendance: Resident, Raymond Hokinson; Tobacco Control Program Manager, Parivallal Thillaigovindan

Opening:

The meeting of the Board of Health was called to order at 9:31 am by Ms. Malinowski.

Topic: Public Comments

Discussion: Mr. Hokinson, who lives at 10 Main Street and owns 12 Main Street (this property shares a driveway with 14 Main Street), voiced his support for Dr. Donahue’s business moving into 14 Main Street.

Topic: Approval of Minutes from the 7/18/23 Meeting

Action: Ms. Malinowski made a motion to accept the minutes from the 7/18/23 meeting. Dr. Zulick seconded the motion and voted aye. Ms. Malinowski – aye. Vote: 2-0

Topic: Appointment of Tobacco Control Inspector

Discussion: Parivallal Thillaigovindan is the new Tobacco Control Program Manager for the Framingham Public Health Department. He will be inspecting 16 communities in the area.

Action: Ms. Malinowski made a motion to appoint Mr. Thillaigovindan as the Tobacco Control Program Manager for Southborough through 6/30/23. Dr. Zulick seconded the motion and voted aye. Ms. Malinowski voted aye. Vote: 2-0

Topic: Variance Request for 14 Main Street

Discussion: Mr. Costello informed the Board about this variance. Previously, 14 Main Street was used for business offices. Three doctors are looking to use the space for consultations only. According to Title 5, doctor offices generate 250 gallons/day (3 doctors would generate 750 gallons/day). The septic system, designed for 350 gallons/day, was inspected in October 2022 and passed. In addition to the septic tank, there are 2 pits. Mr. Costello consulted plumbers and plumbing inspectors. Pumping the system is not the issue. It is what is going into the ground. In a year, the Board will look at the amount of water usage. Under 350 gal/day is

good while any amount over will be a problem. The higher the amount of water usage – the more effluent goes into the pits. This would affect the ground water.

Action: Ms. Malinowski made a motion to grant the requested variance – contingent upon the Board of Health’s review of the water usage in 2024 and as long as the building use stays within what was presented from an operations perspective at this meeting. Dr. Zulick seconded the motion and voted aye. Ms. Malinowski – aye. Vote: 2-0

Topic: FDA Retail Standards – 3 and 7 – Public Health Director

Discussion: Number 3 requires submission of documents to determine which risk category the establishment falls in and how it is determined. The State has accepted the list of food establishments and the related risk categories. Dr. Alker and Mr. Seager will review the list each year to see if any establishments can be moved to another category.

Part of standard 7 requires providing food protection education courses. Two have been provided for town residents at the library. An online class for local food establishments is scheduled for August 31, 2023.

Action: Ms. Malinowski moved to approve the updated Southborough Food Protection document. Dr. Zulick seconded the motion and voted aye. Ms. Malinowski voted aye. Vote – 2-0

Topic: Approval of Sushi Rice Variance for New Rose Garden and Yama Fuji

Discussion: Mr. Seager addressed this topic. Prepared food needs to be kept hot or cold. The time in between requires a variance. A Hazzard Analysis of Critical Control Points plan is needed to monitor the pH of the rice after it is cooked. New Rose Garden has hired a third-party company to prepare their sushi rice. Yama Fuji does not have a formal plan, so Mr. Seager is working with them. They are required to have the plan on site and test/log the pH of the rice.

Action: Ms. Malinowski made a motion to grant the variance for sushi rice at New Rose Garden and Yama Fuji. Dr. Zulick seconded the motion and voted aye. Ms. Malinowski – aye. Vote 2-0

Topic: Meeting Schedule

Tuesday, September 5, 2023 – BOH Meeting - Virtual – 9:30 am

Tuesday, September 12, 2023 – BOH Meeting - Hybrid – 9:30 am

Tuesday, October 10, 2023 – BOH Meeting - Hybrid – 7:00 pm

Topic: Public Comment

Discussion: Public comments were not brought before the Board.

Ms. Malinowski made a motion to adjourn the meeting at 10:05 am. Dr. Zulick seconded the motion and voted aye. Ms. Malinowski voted aye. Vote: 2-0.

Respectively submitted by Barbara Spiri, Business Administrator and edited by Chelsea Malinowski.