



**Town of Southborough  
Board of Health**  
9 Cordaville Road, Lower Level  
Southborough, MA 01772-1662

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**Minutes of the Southborough Board of Health**

**Meeting Minutes**

February 11, 2025 – Board of Health – Virtual Meeting – 10:00 am

**Present:**

Board Members, Chelsea Malinowski, Dr. Safdar Medina, Dr. Liz Zulick; Health Agent, Chris Craig;  
Business Administrator, Barbara Spiri

**Opening:**

The meeting of the Board of Health was called to order at 10:00 am by Ms. Malinowski.

**Topic: Public Comment**

**Discussion:** Public comments were not brought before the board.

**Topic: Approval of the 1/14/25 & 1/22/25 Meeting Minutes**

**Action:** Ms. Malinowski made a motion to accept the amended minutes from the 1/14/25 (with the addition of the hearing notice) and the 1/22/25 meetings. Dr. Medina seconded the motion and voted aye. Dr. Zulick voted aye. Ms. Malinowski voted aye. Vote: 3-0

**Topic: Youth and Family Services Strategic Plan**

**Discussion:** Youth and Family Services is conducting another Needs Assessment for their Strategic Plan. They would like a member from the Board of Health to be part of the process. Dr. Zulick volunteered and Dr. Medina will be her back-up. Dr. Medina will reach out to Sarah Cassell, Director of Youth & Family Services, regarding forming and running a parent focus group.

**Topic: Greater Boroughs Funding Options**

**Discussion:** Isabella Caruso will resubmit the request for additional AED devices, looking into sunscreen and bug spray dispensers. She is reaching out to Salmon for an available nurse to do CPR/AED training. They are still hoping to hire a new nurse. Vaccines cannot be covered by the PHE grant. Additional dates for Narcan training may be added.

**Topic: Town Meeting**

**Discussion:** Town Meeting will be held on Monday, April 7, 2025. Besides the FY26 budget, the Board of Health is asking for a spending increase of \$25,000 for the vaccination revolving account.

**Topic: Meeting Schedule**

**Tuesday, March 11, 2025 - 11:00 am - BOH Meeting – Virtual**

**Tuesday, April 8, 2025 – 11:00 am - BOH Meeting – Virtual**  
**Tuesday, May 6, 2025 – 11:00 am– BOH Meeting – Virtual (to be confirmed)**

**Topic: Public Comment**

**Discussion:** Public comments were not brought before the board.

**Ms. Malinowski made a motion to adjourn the meeting at 10:11 am. Dr. Medina seconded the motion and voted aye. Dr. Zulick voted aye. Ms. Malinowski voted aye. Vote: 3-0.**

Respectively submitted by Barbara Spiri, Business Administrator and edited by Chelsea Malinowski.