

1. 11:30 A.M. Council On Aging

Documents:

[2024.02.02 COA AGENDA.PDF](#)

**Southborough Council on Aging
Meeting Agenda
February 2, 2024 at 11:30 am
Cordaville Hall
9 Cordaville, Southborough**

Call Meeting to Order – 11:30 am
Review and Approve December meeting minutes

Agenda (all items may have one or more votes taken to the extent action is required)

Update on new marketing materials – Pam
Select board update
SAM Update
Continue the discussion on age and dementia friendly initiatives
Next steps on the proposal for a town assessment conducted by the Center for Social and Demographic Research on Aging.
Review the state’s work on social isolation and loneliness.
Invite a representative from Westborough Connections to speak to us?
Status of strategic plan agenda and timeline for 2024

New Business

Preview of February and March Programs
Earmark
Formula grant funds
Current year-to-date budget mid-year update
Colonial Gardens programs
Annual report
Bulk mailing
Issues with fuel assistance and Springwell
National Caregiver Month – should we have more themes like this throughout the year? Who can do some research here?
Outreach – Since we are seeing a significant increase here, can we have a more detailed monthly report for the first of next year?
Garden and flowerbed updates – Carol, Joyce
Walking Challenge report, Sandy
Friends Report- Mary Ann
Trail Blazers Club Report – Mary Ann
Dull Men’s Club Report – Bill
Book Club update - Doug

Next regular meeting date: March 1, 2024

Douglas Peck, Chairperson